

**5th Annual College of Mount St. Joseph Wrestling
Takedown Clinic & Tournament
Saturday, September 24th, 2011**

Weigh-ins @ 8:00am-9:00am

Clinic will be directly after weigh-ins (9:00am-10:00am)

Tournament will immediately follow clinic

Tournament Rules:

Wrestlers will be put in pools of 6 (Weight Classes will be determined at tournament)

Wrestlers will be guaranteed 5 matches (unless pool has less than 6)

Grades 9-12 will have one 5 minute period w/ running clock

Grades 6-8 will have one 4 minute period w/ running clock

Grades 3-5 will have one 3 minute period w/ running clock

Takedowns will be scored as follows:

Regular Takedown = 1 pt.

Takedown to back = 2 pts.

Hold opponent on back for 3 seconds on a 2 pt. Takedown = 1 pt.

First Stalling is a Caution each additional = 1 pt. for opponent

Tech fall will occur when a 10 point difference is scored.

Cost: \$20.00 per wrestler

Each wrestler will be responsible for their own insurance.

NO PRE-REGISTRATION. Bring this form signed and filled out the day of the event.

Name _____ Grade _____ School _____

Phone # _____ E-mail _____

Cell Phone # _____ Emergency Phone # _____

Address _____ City _____ State _____ Zip _____

By signing below, I understand that neither the College of Mount St. Joseph nor any personnel associated with this event will assume responsibility for any accidents or injuries ó medical, dental, or any other accident - that occurred as a result of participation in the clinic and takedown tournament.

Parent/Guardian Signature _____ (All Participants must have parent's signature)